



Since 1896

## TEN WAYS TO GET KILLED OR INJURED ON THE JOB

Safety starts a long time before you show up on the job site. Safety begins before the job is even sold. There are steps along the way that can make a difference between you and having a long and satisfying career or you ending up injured, crippled for life, or dead.



## Before you get to the job site:



- I) Bad Planning:
  - a. Inadequate site survey: This happens when hazards go unrecognized or unreported.
  - b. Not assigning enough... Time, Personnel, or Resources to do the job. Forcing crews to improvise.
- 2) Inadequate training of employees or crew chiefs: This is not just in safety matters. This includes all the necessary skills and information. Including the right to refuse to put themselves in harms way.
- **3)** Bad Instructions or inadequate communications: Asking or telling the crews to accomplish something that is unsafe or dangerous. This includes language barriers and not calling **911**.
- **4)** Bad, inadequate or unsafe equipment: If it is broken, chipped, dull, worn out, under-sized or otherwise inadequate, it does not get loaded on the truck. **LADDERS!**
- **5)** Working under the influence: Of drugs (legal or otherwise) or alcohol, or knowingly working with someone who is. These things don't happen on the spur of the moment.

## On the job site:

- **6)** Not using Personal Protective Equipment (PPE): You have the equipment for a reason. Use it. Depending on the state you work in, if you're injured and you chose not to use the PPE, your insurance claim may be rejected.
- 7) Not being physically capable of doing the task: This includes over estimating your strength or misjudging your fatigue. This also goes for equipment. By using undersized equipment, you can be creating accidents by tipping over forklifts, dropping beams, etc. By stressing your back you can be setting yourself up for a lifetime of disability. Get help, get the right equipment, or don't try it.
- 8) No task planning on site or improvising the task: Rushing in when you should take a minute to think. Using your brain to determine what your options are and doing a good common sense plan can save you a lot of grief. For every one way in, make sure you have two ways out, in case something falls or fails.
- 9) Bad positioning: Do not put yourself in harm's way. Always know what is in front, behind, above and below you.
- **10)** Not focusing: On your job or being distracted by your personal problems. Any problem you mentally bring to work with you will only be made worse by you dwelling on it and getting hurt or killed.



